





# Carman Active Living Centre March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 CARPET BOWLING <b>Scratchy Fiddle</b> <b>Band-1-3:30pm</b>	2 FR-Duplicate bridge 1pm Pool 1pm
3	4 Learning Bridge 10:00 <b>Drums Alive 10:30am</b> FR-Contract Bridge 1pm Pool 1pm Pickleball 1pm	5 FLOOR SHUFFLE Foot care-FR 9 AM Fitness 1:30pm Pickleball 3pm	6 FLOOR SHUFFLE Pool 1pm Pickleball 3pm <b>Choir 1:30pm</b>	7 FLOOR SHUFFLE Helix Hearing Fitness 1:30pm Pickleball-3pm Table Tennis-7pm	8 CARPET BOWLING <b>Programming mtg-10:30am</b> <b>Scratchy Fiddle</b> <b>Band-1-3:00pm</b> <b>GPAC-hall rental -3pm</b>	9 FR-Duplicate bridge 1pm Pool 1pm
10	11 Learning Bridge 10:00 <b>Drums Alive 10:30am-LAST ONE</b>  FR-Contract Bridge 1pm Pool 1pm Pickleball 1pm	12 FLOOR SHUFFLE  Fitness 1:30pm Pickleball 3pm	13 FLOOR SHUFFLE Pool-1pm Pickleball-3pm <b>Choir 1:30pm</b> <b>Field trip-Jane's restaurant 10:30am</b>	14 FLOOR SHUFFLE Helix Hearing Fitness 1:30pm <b>Hall rental-3pm</b> <b>No pickleball or table tennis</b>	15 CARPET BOWLING <b>FR-Games Day-1pm</b> <b>Scratchy Fiddle</b> <b>Band-1-3:30pm</b> <b>Movie night "Battle of the Sexes"-7pm</b>	16 FR-Duplicate bridge 1pm Pool 1pm
17 	18 Learning Bridge 10:00 FR-Contract Bridge 1pm Pool 1pm Pickleball 1pm	19 FLOOR SHUFFLE Foot care-FR 9 am Fitness 1:30pm Pickleball 3pm	20 FLOOR SHUFFLE Pool 1pm <b>Choir 1:30pm</b> Pickleball-3pm  	21 Helix Hearing Fitness 1:30pm No Pickleball or table tennis <b>HALL RENTAL-3PM</b>	22 CARPET BOWLING <b>FR-BRD MTG 10:30am</b> <b>Scratchy Fiddle</b> <b>Band-1-3:30pm</b> <b>Cookin w/Rita -6pm</b>	23 FR-Duplicate bridge 1pm Pool 1pm
24/31	25 Learning Bridge 10:00 FR-Contract Bridge Pool 1pm Pickleball 1pm	26 FLOOR SHUFFLE Foot care-FR 9am  Fitness-1:30pm Pickleball 3pm	27 FLOOR SHUFFLE Pool 1pm <b>VARIETY SHOW-1:30PM</b> No pickleball <b>Alzheimers Support-FR 12:30</b>	28 FLOOR SHUFFLE Helix Hearing Fitness 1:30pm Pickleball-3pm Table Tennis-7pm	29 CARPET BOWLING <b>Scratchy Fiddle</b> <b>Band-1-3:30pm</b>	30 FR-Duplicate bridge 1pm <b>Pool Tourn- 9am</b>